

Klipper-Fitness Mai 2021

	Montag		Dienstag		Mittwoch		Donnerstag		Freitag				
	Kurs	Trainer/in	Kurs	Trainer/in	Kurs	Trainer/in	Kurs	Trainer/in	Kurs	Trainer/in			
18.00		<u>Ines Petersen</u>	Power Pilates	<u>Petra Ernst</u>		<u>Petra Ernst</u>		<u>Petra Ernst</u>	Yoga	<u>Tina Böhme</u>	18.00		
18.15			18.00 - 18.30								18.00 - 19.00		18.15
18.30													18.30
18.45													18.45
19.00	Complete Body												
19.30	19.00 - 19.45						Hot Iron		19.30				
19.45							19.00 - 20.00		19.45				
20.00	Core & Stretch	<u>Benjamin Linke</u>									20.00		
20.15	19.45 - 20.30									20.15			
20.30										20.30			
20.45											20.45		
21.00											21.00		

